

Join in and
get involved!

Come and help
make a difference
to yourself and
other people

*You'll be warmly
welcomed.*

Previous events have included:

- Healthy Living
 - Sports Weekend
 - Mobility
 - Employment and employability
 - Benefits - your rights
 - Fun weekend to broaden horizons
- ...and a whole lot more.

How to join in

To join contact:

Barbara Robinson
Policy Officer, Your Voice

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Peterborough
PE1 2UQ

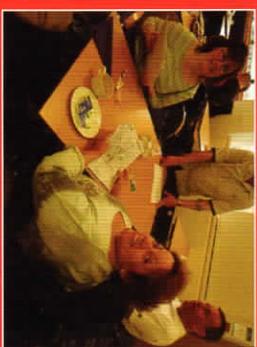
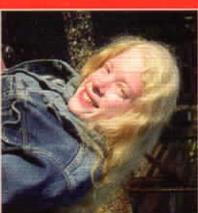
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If you would like to make a donation
to Your Voice, please visit
www.asbah.org/fundraising

This leaflet is available on the ASBAH website,
www.asbah.org If you would like this leaflet in an
alternative format, please contact the Information
section at ASBAH on 01733 555988.



Your Voice

The Association for Spina Bifida and
Hydrocephalus's Disabled Users Group
"Join in and get involved"

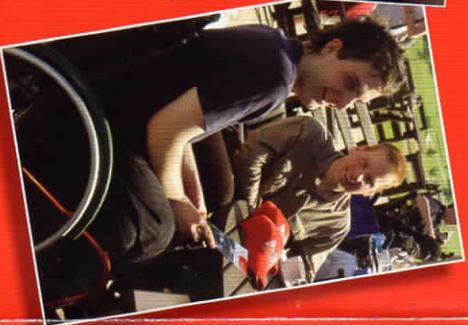
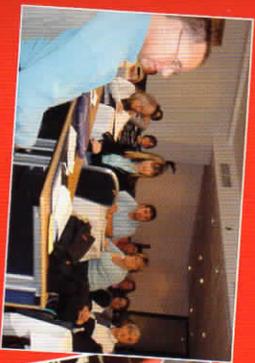


1966-2006 Challenging the future
Association for Spina Bifida and Hydrocephalus

Registered Charity No 249338
Registered in London No 877990



1966-2006 Challenging the future
Association for Spina Bifida and Hydrocephalus



Welcome to

Your Voice

If you are over 18 and have spina bifida or hydrocephalus then

Join in and get involved!

Your Voice, ASBAH's Disabled Users Group, was set up in May 1992 to give adult service users the chance to play an active role in the development of ASBAH's policies.

Joining the group is also the perfect way for all adults (over 18) with any form of spina bifida and or hydrocephalus to get together.

We organise regular meetings and fun events at different venues around the country where a wide range of practical activities, training, and new experiences will broaden your life.

Our aims

- To empower disabled people with spina bifida and/or hydrocephalus allowing them to experience new activities, life skill training - all with an element of fun and sociability.
- To promote positive attitudes to disabled people with spina bifida and/or hydrocephalus through the social model of disability.
- To develop and support Your Voice activity throughout the UK.
- To lobby for comprehensive civil rights for all disabled people, with particular emphasis on those with spina bifida and/or hydrocephalus.



Our achievements

- We have welcomed many new participants to a series of enjoyable and interesting events.
- The Your Voice group has contributed to ASBAH policy through close links to ASBAH's Board of Trustees.
- The group has responded and contributed to a number of Government consultations and initiatives on disability.
- Members of Your Voice have participated in International conferences organised by "IF", the International Federation for Hydrocephalus and Spina bifida.
- VV events have brought together ASBAH service users with a wide variation in their degree of disability to learn, discuss and gain from other people's social and personal experiences.

